



October 2010

NEWS FROM EMMANUEL

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The Rev. Tom Sinning, Deacon

Life in the Spirit: Reflections by Rev. Kathryn Jeffrey

Dear Emmanuel Friends,

Henri Nouwen once wrote a popular theological book entitled, The Wounded Healer. His basic premise, as I recall, was that awareness of our own woundedness can serve as a source of strength and healing when serving and counseling others. The wisdom of this now classic little book has been a guiding light for me during the last month.

As many of you know, I had a recent reminder of my own mortality by the surprise diagnosis of cancer and the need for immediate surgery. The outcome was very successful, with no need for chemo or radiation therapy. Still, like most cancer survivors, I now dance between the elation of being cured and the sobering possibility of recurrence. Transcending this dance, is the uplifting realization of the precious fragility of life, the value of every breath, and the gratitude-inspired determination to use every moment of life wisely and well.

Many of you have responded to my medical adventure with a new openness to talk of your own life struggles, medical and otherwise. It has been good to grow deeper in our conversations together. In awareness of our respective wounds, we walk authentically in the steps of Jesus, who was himself fully acquainted with human grief. His path of suffering gives rise to all our truest hope, and we are blessed indeed when we can embrace the power of his life and death--all for us.

I thank you all for your prayers and the privilege of walking with you. I invite you all to recognize yourselves as the healers--wounded healers--you are. May we carry these learnings into a wounded world.

Joyfully, in Christ,
Kathryn+

PARISHIONER UPDATES

Death of Lester Blanshan

We are saddened to announce the death of our fellow parishioner Lester Blanshan. He passed away Monday, September 20th, 2010 at the age of 89. His beloved wife of almost 64 years, Bernice, passed away earlier this year on July 10, 2010.

A funeral service for Lester was held 2 PM, Friday, September 24th, 2010 at Emmanuel Episcopal Church. Rev. Fr. Noel Rich officiated.

May God's grace and spirit rest with the soul of Lester and the comfort and peace of the Holy Spirit be with the family as they prepare to celebrate his life here on earth.

Sinning Family

Last month we gave Josh and Rachel Sinning and their family our best wishes as they embarked on their journey to move to California. I was informed by Tom that they arrived safely. All of them are doing well. Here is a photo from the send off during coffee hour at church, and one taken a week ago during a video conversation with Avery and Talon. Rachel was due the 25th, found a doctor in Eureka, and is more than ready for the new baby to be delivered.



The Parsons

By Edith Kelly

I'm going to take some space to tell about one of our parish families.

Brad, Dyanne, Caitlin and Colin Parsons are probably familiar to most of you. Brad has been Senior Warden and has been active in other duties in our worship. Brad and Dyanne just celebrated their 20th wedding anniversary.

Brad has been working in Glenwood for the Department of Natural Resources, Fisheries Division, for 24 years. He recently accepted a promotion as Manager of the Central Region Division of Fisheries for the DNR. Brad has moved to St. Paul, and assumed his duties as of September 15th.

The rest of the family will remain in Glenwood for this school year and then will go to St. Paul to join Brad. I have been assured that they will not sell their Glenwood home, and will visit us occasionally until they retire and, we hope, move back here.

Dyanne is a 5th grade teacher, and also teaches special classes in the sciences at Minnewaska school.

The Parsons family has been an important part of our church and we are glad to know they will still be with us for a while. Congratulations, Brad, on the promotion. We'll miss you!

ONE WAY TO STAY IN TOUCH

By Kathryn Jeffrey

With Don and Ann's return to South Carolina, the annual migration of our beloved snow birds has already begun. We wish you/them well and look forward to the re-greening of spring that will bring us all together again next year.

I am delighted that at least one snow bird has decided to sign up for online Bible Study through Foundations for Christian Discernment. This is a great way to keep growing together, no matter how many geographical miles may separate us. This year's online offerings are New Testament and Church History. Please ask me for more information, year-rounders and snow birds both, about how this convenient program works. --
Kathryn



SOUP MINISTRY – October 20th



Thank you so much to Donna Ziegelman who hosted the September soup ministry. Thank you to all the ladies who have helped us to reach out to those who are alone or who patronize the Food Shelf.

If you are interested in hosting an upcoming Soup Ministry event, please contact JoEllen (283-5736 or eastreno@runestone.net). As a host, you would select the menu and provide the main menu item (soup or sandwiches or main dish - your choice!). Other volunteers could provide the rest of the meal.

We are especially in need of someone who would be willing to visit the food shelf and talk to the volunteers on a regular basis (one visit a week perhaps) to continue to get the word out to the food shelf clients. Your ideas on how to reach out more effectively to those who may benefit from a noon meal once a month would also be appreciated. Please share your ideas with JoEllen. Up to this point, we have focused our marketing on those folks who use the food shelf, leaving flyers there for the food shelf staff to give to the patrons. Thank you for your input.

In October, our soup ministry will be held on Wednesday the 20th at 11:30. Let us know if you can help out (320)763-3201. RSVPs welcome if you let us know by noon on Tuesday, the 19th.

COMMUNITY EVENTS



Runge's Applerock Orchard

Apple Butter Day - Open House

Sat. October 2nd, from 10 a.m-5p.m. tour the orchard, take a turn stirring the apple butter, sample the products and meet the "Apple Dumpling gang." They will have yard games set up for the kids and they can spin the wheel to win a prize. A fun, fall event the whole family can enjoy. Check out their Minnesota Grown listing: <http://www3.mda.state.mn.us/mngrown/vendorprofile.aspx?id=800>

Knute Nelson

During announcement time on October 10th, staff from Knute Nelson Memorial Home will spend five or so minutes telling us a little about the "Knute Nelson story" and their plans for Grand Arbor.

Medical Assistance Seminar

JoEllen Doebbert will be presenting a seminar on "Medical Assistance: the ins and outs" at the Pope County Senior Citizen Center in Glenwood at 1:30 p.m. on Wednesday, October 13th. The public is invited. This seminar is sponsored by Legal Services of Northwest Minnesota.

OCTOBER RECIPE

Bishop's Cake:

a recipe from Ann Hultstrand

We all savored this elegant buttermilk pound cake when Ann served TWO during coffee hour last month, and not a crumb was left! She has been kind to share the recipe so that we can give it a try. --Kathryn

1/2 cup butter, softened	1/2 teaspoon salt
1/2 cup shortening	1 tablespoon boiling water
3 cups sugar	1/2 teaspoon baking soda
5 eggs	1 cup buttermilk
3 cups flour	2 teaspoons vanilla

Cream butter, shortening, and sugar; add eggs and beat well.

Combine flour and salt; dissolve soda in boiling water and add to buttermilk.

Add dry ingredients and buttermilk, alternately to creamed mixture; beat well; blend in vanilla and pour into a greased and floured tube pan.

Bake at 300 degrees for 1-1/2 hours, or until done.

ANNUAL CHURCH PICNIC



The service on Sunday, August 29, was held at the historic St. Paul's Church located on the grounds of the Pope County Museum & History Center. Bishop Don Hulstrand conducted the service, using the 1929 Prayer Book and the 1940 Hymn Book.

After the service, we all enjoyed a picnic at the chalet in Barsnes Park in Glenwood. Tom grilled brats and everybody brought a dish to share. The weather was beautiful, and everyone had a great time.



DEADLINES FOR BULLETIN AND NEWSLETTER

From Karen Reicks

There has been some questions regarding deadlines for the bulletins and newsletter. From this point forward please follow these deadlines so that DeAnn and Bette can get these publications (especially the monthly newsletter) out in an accurate and timely manner.

Weekly Bulletin

Everything that is to be in the Sunday bulletin must be submitted to DeAnn by **Tuesday noon**.

Monthly Newsletter

Starting in October, the deadline for submissions for newsletter will be the **15th of the month**. Anything submitted after that will be included in the next month's newsletter.

Please submit your articles/notices by phone or email (preferred):

Phone:

DeAnn's Home: 320-762-2273

Church Phone: 320-763-3201

Email: rector@rea-alp.com



For the newsletter to continue to be as good as it has been, your help is needed. Please continue to submit articles, recipes, pictures, bits of info, etc., so that everyone can know what is happening with our church family. We are just asking you to remember the new deadlines. Thank you for your help.