



EMMANUEL NEWS

September 2015

www.alexmnepiscopal.org

episcopal@centurylink.net

“Hello, my name is Sheila. I’m an associate chaplain here at Knute Nelson. Would you like a visit?” That’s how I start every visit when I visit a new-to-me patient. This is my third summer volunteering as a lay chaplain at Knute. In 2013 when I started, Pastor Patricia, the senior chaplain asked if I could work in the sub-acute section of Knute. The name changed last summer to Rehab-Short Term Care. It is where people are placed who need nursing care, but for a limited amount of time.

I volunteer as a chaplain in the Community of Hope, an Episcopal organization that was founded 21 years ago. We received weekly training sessions for 4 to 5 months in anxiety and stress, aging, death, dying and bereavement, privacy protection and other topics. We are trained under the 1500-year-old Rule of St. Benedict. We promise 3 things: to read Scripture daily, to read the Rule of St. Benedict every day and to attend worship services in our Church weekly. We must renew our promise (our commission) every year. Our mission consists of 2 things: presence and listening. We are not capable, and we know it, of solving any problems or resolving any issues. We listen to and accompany the suffering person...and we pray with them for God’s presence and healing.

When I arrive at Knute I go to the nurses station. She or he gives me a list of names of those patients that they feel would benefit from a visit. Sometimes I simply follow my feet and or God’s will into a room, introduce myself and listen. Some people tell me to go away. I do. If I have extra time, I go visit people I know in the residence. I often sit at the evening meal with 2 residents from the former “memory care” unit who have become dear friends. Knute is full of kind, loving, fun people. I enjoy my time there. Someday I may visit your sister, uncle or daughter-in-law; but you won’t find out from me. We are sworn to complete discretion in all our visits. We can name no names, diagnoses or conditions.

What I do there no other person has the time to do. Nurses, aides and therapists have intensive schedules. They are doing vital work. They need to see all the patients scheduled each day. I can sit for 30 minutes listening to a family feud or a blessed family event story. Often I read the Psalms and pray the Lord’s Prayer with patients. With one resident, we share silly greeting cards.

Contact us:

Emmanuel Episcopal Church

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Sunday Service: 10 a.m.
Sunday School: 9:45 a.m.
Adult Bible Study: 9 a.m.

Pastoral Care: Contact Rev. Tom Sinning, Deacon or [320-763-3201](tel:3207633201) or episcopal@centurylink.net

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Vestry:

Karen Reicks	Sr. Warden ('16)
John Hull	Jr. Warden ('18)
Verlie Sinning	Treasurer ('18)
Tim Johnson	('18)
John Hull	('18)
Mary Sinning	('18)
Rachael Sinning	('16)
Wendy Zander	('18)

Delegates to Region and Convention:

Rev. Tom Sinning, Deacon
Alternate: Belvin Doebbert

Usually I come home happy from my work as a chaplain - but not always. Sometimes I return sad. I visit young people with broken bodies or lovely people with deteriorating conditions. Many people have strong faith. They are fearless and courageous...often delighted to be alive regardless of their pain and handicaps. They show me God's glory.

One of the most wonderful things about being at Knute is the presence of the head chaplain, Pastor Patricia Baglien. In our first ten minutes together, we discovered we were born and raised less than 40 miles apart, although I was born 10 years earlier! She cares for and is interested in every resident and patient in the Knute facilities. She has a happy word for all. She carries the joy of her faith everywhere she goes. She meets with me weekly and often bi-weekly to mentor me, debrief me, pray with me and support me in my ministry. She is a jewel and the residents of Knute all love her.

I thank the Lord for the opportunity to be an associate chaplain at Knute Nelson.

Sheila Stanton



Senior Warden Report

I was thinking about what I could write about for the monthly senior warden report. I was drawing a complete blank. So I decided to look on the church calendar to see if there were any interesting church holidays coming up.

I saw that Monday, September 14, was Holy Cross Day. I had seen it on the calendar every year; but I never knew what it was really about. There are several websites that explain in detail about the special days of the Episcopal Church. I went into the website for the Episcopal Church in the United States - <http://www.episcopalchurch.org/> which can provide all kinds of information about our church. I typed Holy Cross Day in the search section and got an abundance of information.

The church celebrates Holy Cross Day in honor of Christ's self-offering on the cross for our salvation. This feast day is also known in some churches as the Feast of the Exaltation of the Holy Cross and the Feast of the Triumph of the Cross. It was one of the 12 great feasts in the Byzantine liturgy and remains a major feast day for the Episcopal Church. The 1979 BCP is the first American Prayer Book to include Holy Cross Day (pg 244).

The celebration of the Holy Cross occurs on September 14 to commemorate the dedication in 335, of a complex of buildings built by the Roman Emperor Constantine the Great. Constantine's mother, Saint Helena, is said to have discovered the True Cross during a pilgrimage to Jerusalem; and Constantine built the Church of the Holy Sepulchre on the site of her discovery. A portion of the Cross is said to have been placed inside the church. The legend also tells of Persians carrying away that portion of the cross in 614 and that it remained missing until 628, when the Byzantine Emperor Heraclius recaptured it and returned it to the Church of the Holy Sepulchre.

Although the authenticity of alleged relics of the cross may be questionable, Holy Cross Day provides an opportunity for a joyous celebration of Christ's redeeming death on a cross.

Karen
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Hymn of the Month

By Tim Johnson

Hymn #47 First Line Title: “On this day, the first of days” Tune Name: *Gott sei Dank*
Text Translator: Henry Williams Baker (1821-1877) - Tune Source: *Geistreiches Gesangbuch*, 1704; adapt. And harm. William Henry Havergal (1793-1870)

It seems as though we just walked around the corner at the end of July and suddenly we find ourselves at the end of August Where do these summers disappear to so quickly? I glanced at the calendar yesterday while in the midst of trying to capture what’s left of the season and went into a mild panic realizing that I still had not begun an article for September’s Hymn of the Month. I have to admit that much of what you are about to read was composed in my head while I was packing cucumbers into jars and standing over a kettle of pickle brine.

I was unable to find much regarding the origin of the text to this hymn other than it was translated from Latin into English by Sir Henry Williams Baker (1821 – 1877), an English cleric and hymn composer/translator. Once more, little if any specific information is given regarding this particular script other than it was one of many which he translated into our language.

Sources regarding the hymn tune “*Gott sei dank*” were just as vague as those pertaining to the text. As with many of the German melodies, this title is a literal first line title rather than a place name which is common in the naming of English tunes. It would also appear as though this is yet one more that was originally used for a different hymn as the literal German to English translation is “Thank God”. Johann Anastasius Freylinghausen, a German cleric, is credited for composing this tune for his volume entitled “*Geistreiches Gesangbuch*” (“Witty Hymns”) . . . I kid you not. This honestly is the literal German to English translation). William Henry Havergal (1793-1870), an Anglican cleric, is responsible for harmonizing this melody into the form which we find in the Hymnal 1982. Again, no other detailed information linking Havergal to this particular tune is to be found. Perhaps the most interesting fact regarding him and his work with hymns is that he was temporarily disabled after being thrown from a carriage. He found comfort in music during his time of recovery and this greatly influenced that aspect of his career.

The original Latin version of this hymn, “*Die Parente Temporum*”, was used as a Roman Catholic Breviary hymn. In short, a breviary is a book containing all of the liturgical texts for the year to be used on a daily basis. Since the Oxford Movement of the 1800’s, our tradition also has the Anglican Breviary. Being of a curious nature, I searched the internet as well as my hymnal collection in an attempt to locate the tune used for the original Latin rendition of this hymn. Unfortunately, I had no luck. Even the Roman Catholic sources used the same “*Gott sei dank*” tune which appears to have become somewhat universal for this text. As the hymn is recorded as first appearing in 1745, it would stand to reason that it was very possibly sung as a plainchant as this form of music was commonly used in the Roman tradition until 1900 and continues to be used in certain situations even today.

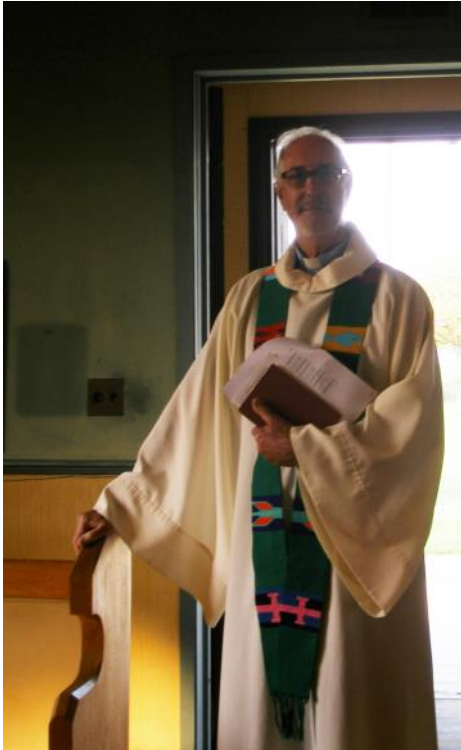
Finally, this selection from the “Sunday” section of the Hymnal 1982 carries the notation “Stanzas 1 and 2 may be sung as a sequence hymn”. A sequence hymn is one which is sung prior to the proclamation of the Gospel during Eucharistic liturgies. We more commonly use the word “gradual” to refer to the hymn sung at this point in the service. However, as it is a very appropriate for the beginning of a service, we will be singing it as our processional throughout the month of September.

Sources:

http://www.hymnary.org/person/Baker_Henry

http://www.hymnary.org/tune/gott_sei_dank_freylinghausen

<http://kpshaw.blogspot.com/2012/08/001.html>



2015 Annual Service at St. Paul's Glenwood was held on Sunday, August 30th.

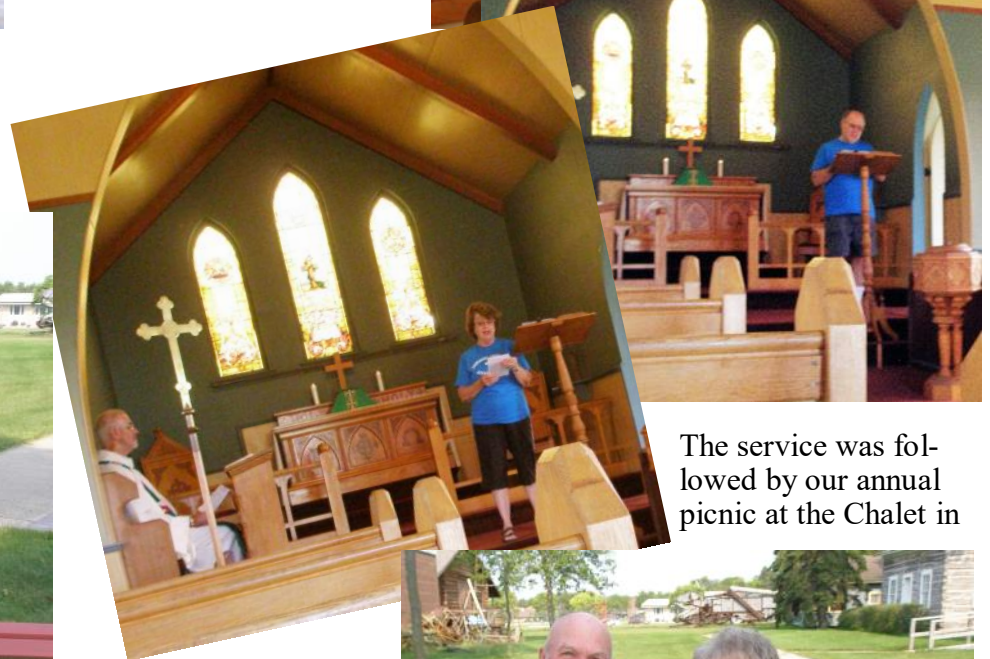
Father Fred Nairn officiated, and his lovely wife, Mary Jo joined the congregation.

Nancy Anderson was our fabulous organist, once again. This may be the last year we can use this organ, which can only play LOUD.

Mark and Karen Reicks were readers, even though Karen couldn't reach the lectern. Our guests this year included Fran Larson's daughter Mary; and her cousin... Dave Cooley, as well as Carol Serrin:



The Cooley and Serrin families were among some of the original members of St. Paul's.



The service was followed by our annual picnic at the Chalet in



Glenwood on a beautiful bee-filled day. Sadly, there were only 11 of us, and if you take away the 2 visitors, the visiting priest and his wife...well, you do the math. Next year has got to be better! We pray for healing for all of our members who are ill.

Lectionary Readings for September

September 6

Fifteenth Sunday after Pentecost

Proverbs 22:1-2, 8-9, 22-23
Psalm 125
James 2:1-10, (11-13), 14-17
Mark 7:24-37

September 13

Sixteenth Sunday after Pentecost

Proverbs 1:20-33
Psalm 19
or Wisdom of Solomon 7:26-8:1
James 3:1-12
Mark 8:27-38

September 20

Seventieth Sunday after Pentecost

Proverbs 31:10-31
Psalm 1
James 3:13-4:3, 7-8a
Mark 9:30-37

September 27

Eighteenth Sunday after Pentecost

Esther 7:1-6, 9-10; 9:20-22
Psalm 124
James 5:13-20
Mark 9:38-50

Position	Sept 6	Sept 13	Sept 20	Sept 27
	<i>Morning Prayer</i>			
Priest	Tom Sinning **	Rev. Charles Preble	Rev. Shaitberger	Rev. Embry
Organist	Margaret Kalina	Merdice Brueske	Gale Maxwell	Nancy Anderson
Lector 1	JoEllen Doebbert	Shiela Stanton	Wendy Zander	Mark Reicks
Lector 2	John Hull	Belvin Doebbert	Laird Barber	Farren Morical
Alter	Karen Reicks	Shiela Stanton	Donna Ziegelman	Tim Johnson
Usher	JoEllen Doebbert	John Hull	John Hull	Tim & Farren
Coffee	Karen & Mark	Verlie Sinning	Sheila Stanton	Rachael Sinning
	**Belvin will do sermon			

Remember in Your Prayers

(please use as a prayer list):

All clergy serving Emmanuel, especially
Charles, Linnae and Tom
Bishop Brian Prior
Mary Sinning
Bill Heegaard & Josie
Edith's daughter Dana
Don Krueger
Pat Weinmann
John & Cleone Sherman
JoEllen's father Al
John
Military Personnel
The Total Ministry Team
Peace in the World
The Food Shelf and those who use it
Heartland Girls Ranch
Dylan's Glove's of Love
The future of the Episcopal Church
The people of Ziwa and the Rift Valley



September Birthdays

DeAnn Runge
Sheila Stanton
Liam Sinning
Tallon Sinning
Charlee Sinning
Rita Smith
Ellen Hormel

Anniversaries

Brad & Dyanne Parsons
Randy & Karen Runge



Address service requested

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