



EMMANUEL NEWS

February / March 2017

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Change

From Tom Sinning

Part of the process that we are taking as a Shared Ministry Team is online courses that hopefully prepare us for changes and growth in our faith life. Change is one of the things all of us face and deal with. One of the assignments in the Family Systems class was how we deal with change. You can read the assignment below. In our instructor's document, "Holy Moments", she relates a number of change scenarios. Editing this assignment down to one paragraph was very challenging, just as change is very challenging for all of us.

*The document "Holy Moments" represent moments in which folks' lives are altered in some way and, in most cases, we become part of that alteration....we become part of their changes. **CHANGE AND HER COMPANIONS**: grief, discomfiture, loss, relief, past, future, leaving, coming, decisions, disappointments, etc. I have shared these holy moments in my ministry because they vividly have remained with me. Sit with the folks in these holy moments. As you sit with them, sit with yourself.....how are you when **CHANGE AND HER COMPANIONS** come to you from others.....and how are you when you bring **CHANGE AND HER COMPANION to others**.*

Finally, write a paragraph about you.....what you discovered about yourself and change (and her companions). Please remember that this is not to be a strategy, but rather a reflection that will accompany your other additions in your ministry toolkit. This paragraph will be an honest look at you and change. Think about what change represents to you; your visceral response to change; your attitudes about change that come from your family and past experiences; your insights.

"She asks me to take a risk, to join her is some new way of thinking, some new way of looking at the world. She is inviting me. She calls to me in the depths of my pain, in the heights of my happiness, the greediness of my comfort, in the selfishness of my pity, in the arrogance of my self righteousness, in the smugness of knowing I am right and the fear of being wrong. She calls to me out of love. Her beckoning plea is frightening and at the same time seductive. She is

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Sunday School: 9:45 a.m.

Adult Bible Study: 9 a.m.

Pastoral Care: Contact Rev. Tom Sinning, Deacon at 612-720-0473

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Tim Johnson, Co-Sr. Warden ('18)

Sheila Stanton, Co-Sr. Warden ('18)

John Hull Jr. Warden ('17)

Verlie Sinning Treasurer ('17)

Mary Sinning ('17)

Rachael Sinning ('18)

Wendy Zander ('18)

Farren Morical ('18)

Delegates to Region and Convention:

Belvin Doebbert

Alternate: JoEllen Doebbert

my conscience when I have become complacent. Her wisdom seems so contradictory to what I know and understand. When I hear them; my grief, my discomfort, my loneliness, my fears, all of the crowd who hang with her, I am suddenly swept into a place that causes me to move out of my past, those yesterdays I thought were solid, and thinking would last forever. She claims this is what renews me, she allows me to understand what I didn't think possible, and reminds me that she is not always an easy taskmaster and that not every risk comes with the reward I expected. There are times it is greater and times it is filled with disappointment, but she continues to call. I have no choice but to answer."

As we move through the enlightenment of Epiphany and look to the changes we want to make in our lives as we enter Lent, it is a good time to look at how each of us addresses "Change and Her Companions"

God's Peace
Tom+



2017 Lent and Easter Schedule at Emmanuel

Ash Wednesday – March 1 at 6:00 p.m.

Imposition of Ashes

Wednesdays March 8 through April 5

Service of Evening Prayer – 5:30 p.m.

Following the Service, Deacon Tom Sinning will be presenting an Adult Forum/Study entitled "Discovering the Meaning of Lent and Easter"

Palm Sunday – April 9 at 10:00 a.m.

Service of Holy Eucharist

Maundy Thursday with Agape Supper – April 13 at 6:00 p.m.

Good Friday Service with Stations of the Cross – April 14 at Noon

Easter Sunday – April 16 at 10:00 a.m.

Service of Holy Eucharist

Please plan to take advantage of these worship and educational opportunities!

Ask a friend to join you!!

A Lenten Meditation
From Dana Emery

A Poem: *True Lent* by Robert Herrick, 1647

Is this a fast, to keep
The larder lean, and clean
From fat of veal and sheep?

Is it to quit the dish
Of flesh, yet still to fill
The platter high with fish?

Is it to fast an hour,
Or ragged to go, or show
A downcast look, and sour?

No; 'tis a fast to dole
Thy sheaf of wheat and meat
Unto the hungry soul.

It is to fast from strife,
From old debate and hate;
To circumcise thy life;

To show a heart grief-rent;
To starve they sin, not bin.
And that's to keep thy Lent!

As I write this meditation, it is three days to Ash Wednesday, the day of repentance that begins our 40 day Lenten Journey (not counting Sundays which celebrate the resurrection). We can trace the origins of Lent (which means *spring*) to early Christian practice. The season began as a time of preparation for candidates for Baptism at Easter. This period of prayer, fasting, and instruction turned into a time for all Christians to remember Christ's death by crucifixion and his resurrection. Now, Lent is a time for us to do our own "soul work." But before we start, it is our Anglican tradition to celebrate one last time. On Shrove Tuesday many Episcopal churches have a pancake supper with a traditional "pancake flipping race" (google: Olney, England) "to keep our larder lean and clean" as the poem suggests. We bury (metaphorically or physically) our "alleluias" until Easter. And we prepare the ashes for imposition, by burning last year's dried palm branches or crosses and mixing with oil. The ashes represent the charred remains of our good intentions. The ashes are a symbol of our mortality and a prayer that this year, this time, there will be a change for the better in our lives. Lent is about forgiveness: sins are forgotten, and a clean slate of redemption is given. Lent is about love: a love that doesn't let us get away with wrong, but calls us to face the things we have done and the messes we have made. Lent is a time to stand in front of God without disguise or barriers or fear, whisper our secrets to the Holy Spirit, and hear the words of Jesus that we long to hear, "I do not condemn you. You are forgiven. Go and sin no more." As the poet suggests, a True Lent causes us to empty ourselves of our evil ways and open our hearts and minds to Christ.

Robert Herrick (1591-1674) is a poet best remembered for "Gather Ye Rosebuds While Ye May" He was ordained in 1623 and served as Vicar of Dean Prior, Devonshire.

Senior Warden Report

March, 2017

I hope that all of you were able to enjoy the spring-type weather that we were blessed with during these past couple of weeks! I certainly did! Unfortunately, over the past two days we've been reminded that we are still in the midst of our Minnesota winter and spring is still a few weeks off.

Our Annual Meeting to chart our course for 2017 took place after the Service on January 29th. For the most part, it was business as usual without many issues to tackle. Our main capital item discussed was the situation with our building's plumbing and the need to make repairs. More details with regard to this venture will be forthcoming. We will also be continuing with our project to update the Prayer/Meditation Garden and look forward to this becoming a more usable area. Mark Reicks was elected to the position of Junior Warden and Verlie Sinning was re-elected to the position of Treasurer. Mark and Verlie were also voted to fill two Vestry seats. JoEllen Doebbert was elected to serve as our Delegate to the Convention and Belvin Doebbert was elected as Alternate.

We had our most recent Pack-the-Pews/Change Jar Sunday on February 12th and it was a great success! Two pews were completely filled with paper products that will be used to fill the Necessity Bags which the Food Shelf makes available to their patrons. Please watch for announcements as to when the next Pack-the-Pews will take place.

Our next scheduled event to benefit the Food Shelf is an Organ Concert which will be presented by Randy Morken of First Lutheran Church. This recital will take place at Emmanuel on March 26th at 2:30 p.m. This is a great opportunity to hear our newly renovated pipe organ as well as to support the Outreach Food Shelf. Remember that March is Food Share Month and therefore funds donated to this mission on that day will be matched. Please plan to attend!

Finally March 1st is Ash Wednesday, the beginning of our Lenten Season. A Service including the Imposition of Ashes will take place that day . . . This tradition is a meaningful way in which to begin this penitential time on the life of the Church. Remember, we do not sing nor say "Alleluia" until we once again reach Easter Sunday! Watch for announcements regarding other Services and events which will take place during this Season.

Lent in the historical sense is often seen as a season of "giving up" and self-discipline. More recently, the Church has begun to re-think this practice and now encourages adding something to enhance our spiritual journey through this time and to prepare for the coming of Easter. This can be as simple as adding a few minutes each day to follow a devotional and/or take part in group study. Items to support these opportunities are available at the church. Please take a moment to explore what Emmanuel has to offer the next time you are in church!

May this Season allow all of us to continue finding some quiet moments of reflection and renewal as we journey through Lent and gradually approach Easter Day!

Tim Johnson, Co-Senior Warden



March Hymn of the Month

By Tim Johnson

Hymn #559 First Line Title: "Lead us, heavenly Father, lead us"

Tune Name: Dulce Carmen

Text Author: James Edmeston

Tune Source: Dulce carmen, melody from An Essay on the Church Plain Chant, 1782; adapt. Collection of Motets or Antiphons, ca. 1840; harmonization William Henry Monk (1823-1889)

Upon researching the author of our Hymn of the Month for August, I was initially disappointed to learn that very little is known of his life or his experiences which inspired him to compose "Lead Us, Heavenly Father". James Edmeston was born to an evangelical family in an area of East London which became known as the docklands as commerce and trade increased. Although an architect by trade, he composed many volumes of verse and is said to have composed approximately two thousand hymns. One source states that many of these came into general use while another claims that "the greater part of them have never found general acceptance". The latter would appear to be most accurate as this hymn is the composer's only selection to appear in The Hymnal 1982 as well as the very comprehensive Hymns Ancient and Modern.

An interesting piece of information that the sources shared about Edmeston's motivation is that he wrote this hymn for the children of a London orphanage. With this in mind, the verses to the hymn may be read in a new light. It is not only a prayer, but a plea for guidance and protection. The hymn can now be seen as very appropriate when applied to children living in an orphanage!

As with many other hymn tunes, an extensive search for the source Dulce carmen ended with very vague results. According to sources, this melody is of Roman Catholic origin and roughly translates from Latin to English as "sweet song". The tune is attributed to Johann Michael Hayden (1737-1806), the younger brother of the composer Joseph Hayden. This composition was featured in a work entitled "An Essay on the Church Plain Chant" and the hymnal "Collection of Motets or Antiphons", which was extensively used by the Catholic Church throughout the United Kingdom. Samuel Webbe (1740-1816), the author of these titles, was an English composer who was born in Minorca but raised in London. Among other positions, he served as the organist and choirmaster for the chapel of the Portuguese Embassy in London during the late 1700s which was the only place in London where the Roman Catholic liturgy could be celebrated at that time. Finally, the hymn was harmonized by William Henry Monk (1823-1889) who was among the most influential people in the development of hymn tunes as we know them today. He is owed credit for this same undertaking with many other hymns that we sing, including our previous Hymn of the Month from July.

Otherwise, the detailed background for this tune is unclear. However, this melody is quite pleasant and easy to sing . . . So perhaps the title "sweet song" is appropriate after all!

Sources:

<http://books.google.com/books?id=QNotAAAAIAAJ&pg=PA14&lpg=PA14&dq=lead+us+heavenly+father+lead+us+james+edmeston+biography&source>

<http://forthefainthearted.com/2010/07/27/lead-us-heavenly-father-lead-us/>

<http://www.bartleby.com/294/476.html>

http://www.hymnary.org/person/Haydn_JohannMichael

http://en.wikipedia.org/wiki/Samuel_Webbe

A Look Back at February's Hymn of the Month **By Tim Johnson**

Hymn #336 First Line Title: "Come with us, O blessed Jesus" Tune Name: *Werde munter*
Text Author: John Henry Hopkins, Jr. (1820-1891) Tune Composer: Johann Schop (d. 1665?); arr.
And harm. Johann Sebastian Bach (1685-1750)

For the month of February, the Friends of Music Committee chose a selection from the "Holy Eucharist" portion of our Hymnal 1982 to serve as our Hymn of the Month. "Come with us, O blessed Jesus" has always been one of my personal favorites. When hearing and singing this hymn, many may experience a moment of déjà vu . . . Kind of along the lines of "I've heard this somewhere . . . But where?" The reason for this is that it is the tune from "Jesu, Joy of Man's Desiring" which is attributed to J.S. Bach. When many of us think of this piece of music, we tend to focus on the embellished arpeggiated phrases of that work. This hymn basically puts all of the sung portions which appear between the elaborated measures together.

John Henry Hopkins, Jr., an American ecclesiologist (one who takes part in the theological study of the Christian Church), is responsible for the text of this hymn. His father was an Episcopal priest and bishop who eventually became the Presiding Bishop in 1865. Both of Hopkins' parents were very artistically talented and he inherited those qualities from them. After graduating from the University of Vermont, he worked as a reporter in New York City while studying law. He then entered the General Theological Seminary in 1850, was ordained a deacon, and returned to the seminary to become its first instructor of church music. He was ordained as a priest in 1872. The best known of Hopkins' compositions is "We three kings of Orient are" which is widely used in almost all Christian denominations. Although his other works are not commonly remembered today, he was very important with regard to the development of Episcopal hymnody during the mid-nineteenth century.

The full name of the tune for this hymn is "Werde munter, mein gemuete". This melody was penned by Johann Schop who spent much of his career as a court musician and played various instruments. He became musician for King Christian IV of Denmark in 1618. When the plague began to sweep through Copenhagen, he fled to find employment elsewhere. He ended up in Hamburg, Germany where he was appointed violinist for the city and became the organist of St. James Church. Due to travels, he became known to be a very cosmopolitan composer and wrote in various styles, both sacred and secular.

As stated earlier, this melody became very popular when J.S. Bach used it for a portion of his Cantata No. 147. Over time, it began to be used not only in performances of the cantata but also individually as a hymn. An interesting piece of trivia is that even though it became very popular, there were some who originally felt it was too radically contemporary to be used in the church setting. We are hoping that this will be a selection that is not only pleasing to sing but also easy to learn. In time, we may begin to include the first verse of this hymn with the other pieces that we use on a rotating basis as our Post-Communion Hymn.

Sources:

https://www.google.com/?gws_rd=ssl#q=ecclesiologist+definition

http://www.hymnary.org/person/Hopkins_JohnHJr

http://www.hymnary.org/tune/werde_munter_schop

Emmanuel Episcopal Church
Presents

Randy Morken



Organist at First Lutheran Church
in an Organ Concert

for the benefit of the
Outreach Food Shelf of Douglas County

Sunday, March 26, 2017

2:30 p.m.

12th Ave & Lake St.
Alexandria MN

Free will donation for the Food Shelf

PACK THE PEWS FOR THE FOODSHELF!

February 10th saw the 2 of the pews in the back of the church filled to capacity with toilet paper and tissue, the two items Vickie at the Food Shelf requested. Along with your donations, we were able to purchase more of each with funds from our jar project last year.



Our totals:

444 rolls of toilet paper
210 boxes of tissue
8 rolls of paper towels



UNITED THANK OFFERING

Sunday, February 5th

Pick up your UTO box.

Give thanks for those special blessings in our lives!

The boxes will be collected May 25th, following

Ascension Day.

Lectionary Readings for March

March 1

Ash Wednesday

Joel 2:1-2,12-17
or Isaiah 58:1-12
2 Corinthians 5:20b-6:10
Matthew 6:1-6,16-21
Psalm 103 or 103:8-14

March 5

First Sunday in Lent

Genesis 2:15-17; 3:1-7
Romans 5:12-19
Matthew 4:1-11
Psalm 32

March 12

Second Sunday in Lent

Genesis 12:1-4a
Romans 4:1-5, 13-17
John 3:1-17
Psalm 121

March 19

Third Sunday in Lent

Exodus 17:1-7
Romans 5:1-11
John 4:5-42
Psalm 95

March 26

Fourth Sunday in Lent

1 Samuel 16:1-13
Ephesians 5:8-14
John 9:1-41
Psalm 23



Position	March 1	March 5	March 12	March 19	March 26
	<i>Ash Wednesday</i>				
Priest	Tom Sinning	Linnae Hegg	Dana Emery	Fred Nairn	Charles Preble
Organist	<i>No organist needed</i>	JoNette Brogaard	Mertice Brueske	JoNette Brogaard	Virginia Hegre
Lector 1	JoEllen Doebbert	Karen Reicks	Wendy Zander	Karen Reicks	Mark Reicks
Lector 2	Belvin Doebbert	Farren Morical	Karen Reicks	Wendy Zander	
Altar	Tim Johnson	Karen Reicks	Tim Johnson	Karen Reicks	Tim Johnson
Coffee	xxx	Farren Morical	Edith Kelly	Wendy & Cleone	Karen & Mark
S School	xxx	Verlie Sinning	-----	Verlie Sinning	-----

Remember in Your Prayers: All clergy serving Emmanuel - Bishop Brian Prior - Jana & Charles Preble – Don & Ann Hultstrand – Laird Barber - Hunter – Cleone Sherman - John – Mike & Lana – Jim – Dana – Al Weinmann Family – The Family of Bette Wolf – DeAnn Runge - Law Enforcement Officers - Military Personnel - Peace in the World - The Food Shelf, Volunteers & all who use it - Total Ministry Team - Heartland Girls Ranch



February Birthdays

Dyanne Parsons
Edith Kelly
Mary Ann Maameri

Anniversaries

Tarz & Sandy Embry
Gordon & Donna Ziegelman
Donald & Ann Hultstrand

March Birthdays

Karen Runge
Hunter Botz
Avery Sinning



Christmas Pageant

On January 8, the Sunday school children and the teenage helpers presented the annual Christmas pageant. As usual, everyone appreciated their work and really enjoyed watching the program.



March

Address service requested

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