



EMMANUEL NEWS

September 2017

www.alexmnepiscopal.org episcopal@centurylink.net

One Beggar Tells Another Beggar Where to Find Food

Charles Preble

This is a very personal recommendation of a place, a community where I find food for my soul. It is only sixty minutes away from you on I-94. It is a place where I go very often to be fed. Here I find daily prayer in the psalms, in the Eucharist, and in the silence of contemplative prayer. Here is a community of women who offer the great gift of hospitality to people of all faiths. These women are Benedictines which share our Anglican and Episcopal heritage. It is St. Benedict's Monastery in St. Joseph. Thirty-one years ago when we moved to St. Joseph we were invited to join them worship, classes and to deepen our spiritual life.

The women there as well as being religiously professed as Benedictine monastics also have jobs as CEOs, professors, teachers, musicians, counselors, and all kinds of professional work. But what is special for me is that they are people who feed my soul. I can go there just to be quiet either in their chapel, the spirituality center, or for a quiet walk in the woods. Daily Centering Prayer happens each day, Monday through Friday from 4.15 PM to 4.45 followed, usually, by Eucharist in Sacred Heart Chapel. If I want to find someone to share my deepest thoughts and concerns there is someone there for a spiritual chat. There is no judgement. There is only and always understanding and acceptance.

It is a place where I can get my battery charged intellectually and spiritually. I've taken writing classes, classes on prayer. Later this fall I'll be taking a class on the psalms. I go almost daily for Centering Prayer at their Spirituality Center. I worship there. I'm welcome at their Eucharist which is really very simple and very beautiful. It's fun to sing hymns, most of them familiar to all Christians. Always you are welcomed.

I became a member of their Oblate program about twenty-five years ago. Oblates are ordinary folks who want to deepen their

Contact us:

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Sunday Service: 10 a.m.

Sunday School: 9:45 a.m.

Adult Bible Study: 9 a.m.

Pastoral Care: Contact Rev. Tom Sinning, Deacon at 612-720-0473

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Tim Johnson, Co-Sr. Warden ('18)

Sheila Stanton, Co-Sr. Warden ('18)

Mark Reicks Jr. Warden ('19)

Verlie Sinning Treasurer ('19)

Mark Reicks ('19)

Verlie Sinning ('19)

Rachael Sinning ('18)

Wendy Zander ('18)

Farren Morical ('18)

Delegates to Region and Convention:

Belvin Doebbert

Alternate: JoEllen Doebbert

baptismal commitment in the way of Benedict. These folks are very ecumenical. Some are Catholics, but so many are Lutherans, Methodists, Presbyterians, Episcopalians and even Evangelical Brethren. Oblates help each other and are always helped by the Benedictine community.

Retreats and classes are offered at extremely modest costs. Look up St. Benedict's Monastery, St. Joseph and check on the Spirituality Center. If you want to come for a visit rooms are available and you can even join the Sisters for meals. Stay for overnight or for an extended period.

I recommend St. Benedict's Monastery unequivocally for anyone seeking to grow in Christ. There you will find welcome, acceptance, and nurture. I know people who come from Europe and all over our country to enjoy this spiritual treasure. And, it's only an hour away.



Senior Warden Report

August is almost gone...fall is heading at us at an amazing speed. Our greatest joy is getting Tom back. We've got our leader. We missed him terribly but were very thankful for his happy, fruitful 2 month internship in Washington. Our numbers have been very, very low. We are hoping the fresh fall weather will get our Episcopalian selves back in the Church.

Very little progress has been made on our various projects. Meeting workers, getting bids and sourcing items is slow tedious work, and it seems like nothing is happening. We hope the next newsletter will have news of some things completed. Keep us in your prayers.

The annual Eucharist and picnic at St. Paul's in Glenwood was a beautiful event. The sun came out after a rainy week. There were few of us but we had a very good time. We were blessed by a visitor to the Eucharist service. Her husband's family had been one of the founding families of St. Paul's. When she married her husband, she became Episcopalian as were all their children. The lovely baptismal font in St. Paul's was a gift of her husband's parents. It was a memorial gift in the memory of a daughter who died young. Please notice it next time you are there.

In Father Nairn's homily yesterday he spoke about the Church, the parishioners and the community. The point he made is that the Church is not the bricks and mortar, nor beautiful windows, nor the beloved old cross. God's Church is people! We have a beautiful Church. We have a beautiful garden. We have a beloved cross made of the rafters of our old Church. We need you.

Sunday School will start September 17th. Tom will be planning new Bible classes for us. Our change jars will be collected soon to purchase items for families who use the Food Shelf. Fall is time to get back into the swing of things, and return to Church. Praise be to God! Have a happy September! See you in Church.

Sheila, Senior Warden





Hymn of the Month By Tim Johnson

Hymn #674 First Line Title: “Forgive our sins as we forgive” Tune Name: Detroit

Text Author: Rosamond E Herklots (1905-1987) Tune: From Supplement to Kentucky Harmony, 1820; harm. Margaret W. Mealy (b. 1922)

More often than not, the hymns we find in our Hymnal 1982 have their roots in Europe . . . More specifically, they are frequently of English or German origin. This is once again the case with the text for “Forgive our sins as we forgive”. However, the melody which we use to sing it (Detroit) is in fact an American folk tune which first appeared in a collection entitled “Kentucky Harmony”. This volume was originally published in 1816 and found wide use throughout the Southern United States.

Many times, folk melodies tend to be rather vague and somewhat elusive with regard to their background and sources. The hymn tune “Detroit” is a good example of this. Aside from the information above regarding “Kentucky Harmony”, little information exists regarding its origin as a melody. It is often credited to an individual named “Bradshaw”, but I was unable to find a date of birth nor a date of death Not even a first name. I was also unable to find any biographical information on the harmonizer Margaret Mealy other than that a date of birth. Initially, this was rather frustrating; however, I now find it a bit intriguing. I am, after all, a person who enjoys a good mystery!

The text author, Rosamond E. Herklots, was born to British parents living in India. Although she began writing poetry as a child, she did not begin writing hymns until later in life. She spent much of her career working with neurologists in areas dealing with individuals suffering from congenital defects. Many of her titles were written with children in mind.

“Forgive our sins as we forgive” is heavily based on the phrase “forgive us our trespasses as we forgive those who trespass against us” from the Lord’s Prayer. One story states that the idea for this hymn came to Herklots while she was digging out weeds in her nephew’s garden. She equated the struggle to remove their stubborn roots to the bitterness that we experience when we will not let go of ill feelings and resentment. In other words, it prevents us from experiencing the blessings we feel when we grow as Christians just as the weeds hinder the growth of nearby flowers.

This thought can be found through all four of the hymn’s verses, but the fourth and final stanza most clearly expresses this idea: “Lord, cleanse the depths within our souls, and bid resentment cease; then, reconciled to God and man, our lives will spread your peace.”

Sources:

https://hymnary.org/person/Herklots_RE

<https://www.umcdiscipleship.org/resources/history-of-hymns-forgive-our-sins-as-we-forgive>

1928 Service and Annual Picnic – 2017

On August 27th, Emmanuel had its annual Sunday service at St. Paul's Episcopal Church on the Pope County Museum grounds in Glenwood.

The cornerstone of St. Paul's was laid Sept. 17, 1897, by Archdeacon Appleby, and opened Nov. 19, 1893 by Bishop N. N. Gilbert. On April 1, 1894, the church was consecrated and turned over to the Diocese of Minnesota. The church was dedicated to Bishop Geo. B. Whipple. The church was first located at Franklin Avenue & Oak Street in Glenwood, and was moved to Court Street in 1945. It was finally moved to museum site July 19, 1971, when the congregation combined with Emmanuel Episcopal in Alexandria.

As we do every year, we used the 1928 Prayer Book and held an old-time service with traditional hymns, such as "Rock of Ages" and "Amazing Grace".

After the service, we had a picnic at the Chalet in Barsness Park. We grilled hot dogs, cooked corn-on-the-cob and shared the food that everyone brought. The weather was beautiful, and we all enjoyed the day.



Lectionary Readings for September

September 3

Thirteenth Sunday after Pentecost

Exodus 3:1-15
 Psalm 105:1-6, 23-26, 45c
 Romans 12:9-21
 Matthew 16:21-28

September 10

Fourteenth Sunday after Pentecost

Exodus 12:1-14
 Psalm 149
 Romans 13:8-14
 Matthew 18:15-20



September 17

Fifteenth Sunday after Pentecost

Exodus 14:19-31
 Psalm 114
 or Exodus 15:1b-11,20-21
 Romans 14:1-12
 Matthew 18:21-35

September 24

Sixteenth Sunday after Pentecost

Exodus 16:2-15
 Psalm 105:1-6, 37-45
 Philippians 1:21-30
 Matthew 20:1-16

| Position | September 3 | September 10 | September 17 | September 24 |
|-----------------|-----------------------|--------------------|------------------|-------------------------------------|
| | <i>Morning Prayer</i> | | | |
| Priest | Tom Sinning | Steve Schaitberger | Dana Embry | Charles Preble Sermon: Doebberts |
| Organist | Bev Steuck | Karen Kirckof | JoNette Brogaard | Nancy Anderson |
| Lector 1 | Karen Reicks | JoEllen Doebbert | Sheila Stanton | Mark Reicks |
| Lector 2 | Mark Reicks | Belvin Doebbert | Farren Morical | |
| Altar | Karen Reicks | Donna Ziegelman | Tim Johnson | |
| Coffee | Karen & Mark R. | Donna Ziegelman | Tim Johnson | Nancy Anderson |

Remember in Your Prayers: All clergy serving Emmanuel - Bishop Brian Prior - Jana & Charles Preble - Don & Ann Hultstrand - Laird Barber - Hunter - Cleone Sherman - John - Mike & Lana - Jim - Dana - Al Weinmann Family - Law Enforcement Officers - Military Personnel - Peace in the World - The Food Shelf, Volunteers & all who use it - Total Ministry Team - Heartland Girls Ranch



September Birthdays

DeAnn Runge
 Sheila Stanton
 Liam Sinning
 Tallon Sinning
 Charlee Sinning
 Rita Smith
 Ellen Hormel

Anniversaries

Brad & Dyanne Parsons



Address service requested

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